



# WELLNESS COLLECTIVE

SATURDAY, 23<sup>rd</sup> of MAY, 2026  
SALTBOX, REDFERN

Your Investment  
\$30pp

The WELLNESS COLLECTIVE is inclusive of a selection of canapés, tea, coffee and juices during the day along with all expert led wellness sessions, the exclusive panel discussion and access to destination discovery stations.

THE WELLNESS COLLECTIVE – a day designed to nourish your mind, body and spirit by bringing together world-class retreats, wellness practitioners, and leading wellbeing brands in a vibrant interactive experience.

Enjoy every expert guided session or attend just those of specific interest



## PARTICIPATE

Seated Yoga Practice

Instructor Led Breathwork

Sound Healing Session

Expert Biohacking Insights

NAD+ IV Drip Expertly administered by IV Drips

## BE INFORMED

ANCIENT MEDICINE MEETS MODERN-DAY SCIENCE

Panel led by renowned expert **Kris Abbey**, with a lineup of inspiring speakers and facilitators.

INTERACTIVE Panel Discussion

## DISCOVER

A curated selection of wellness partners will host dedicated stations for you to explore, connect and engage with throughout the day.

## WIN • WIN • WIN

DOOR PRIZES will be drawn throughout the day, including:

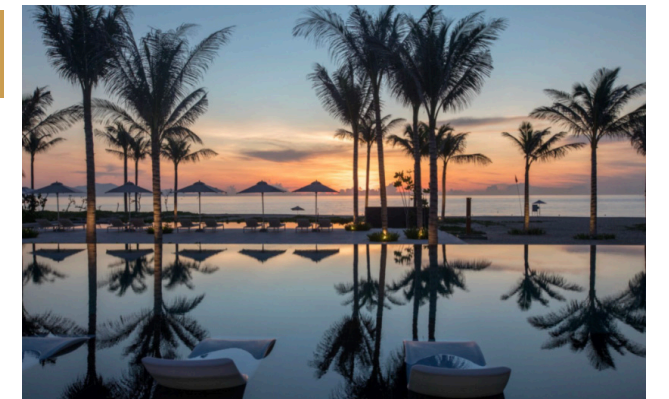


luxury wellness retreat

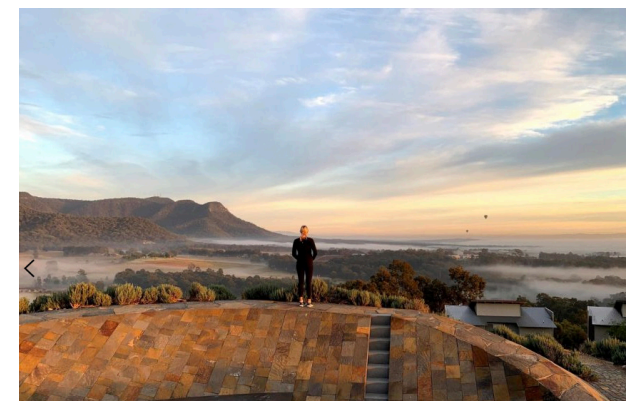
2 night stay for 2 at COMO Shambhala, Bali.

five-star escape

2 night stay for 2 Alma Resort, Vietnam



restorative getaway



1 night stay for 2 at Elysia Wellness Retreat, Pokolbin

Five x 90-minute bathhouse experience with Nature's Energy.

Built for deep recovery

Private one-hour consultation with biohacking expert Camilla Thomson.

Personalised strategies to optimise your energy and performance

\$555 Sanctuary Reset Gift Certificate.

Energetic space reset, nervous system recalibration, and integration support

Candlelight Nāda Sound Spa Experience at Saddles, Mount White.

Live music, cacao, breathwork, and immersive sound healing

Annual subscriptions to Spa & Wellness Magazine.

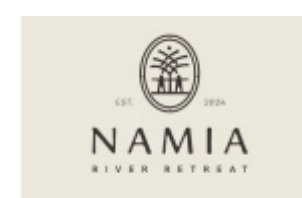
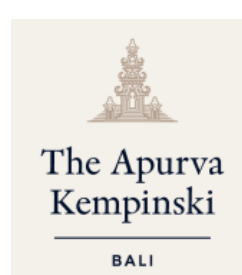
Premium wellness insights year-round

Private one to one Ayurvedic Medicine Consultation with Dr Mai.

The path to wellness

*Everyone receives a Goodie Bag!*

## EXHIBITORS



A payment link will follow after your registration is received.