



SATURDAY, 23rd of MAY, 2026 – SALTBOX, REDFERN

Your Investment \$30pp

The **WELLNESS COLLECTIVE** is inclusive of a selection of canapés, tea, coffee and juices during the day along with all expert led wellness sessions, the exclusive panel discussion and access to destination discovery stations.

THE WELLNESS COLLECTIVE – a day designed to nourish your mind, body and spirit by bringing together world-class retreats, wellness practitioners, and leading wellbeing brands in a vibrant interactive experience.

PARTICIPATE

Enjoy every expert guided session or attend just those of specific interest

- Seated Yoga Practice
- Instructor Led Breathwork
- Sound Bowl Healing Session
- Expert Biohacking Insights
- NAD+ IV Drip

BE INFORMED

ANCIENT MEDICINE MEETS MODERN-DAY SCIENCE

Panel led by renowned expert **Kris Abbey**, with a lineup of inspiring speakers and facilitators.

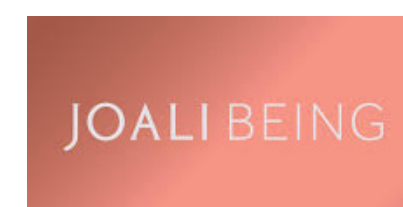
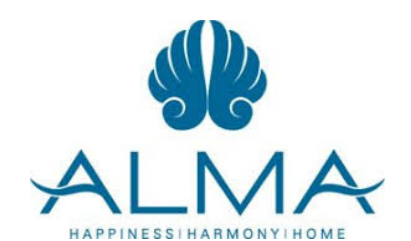
INTERACTIVE Panel Discussion

DISCOVER

A curated selection of wellness partners will host dedicated stations for you to explore, connect and engage with throughout the day.

This is your space and time to discover innovative wellness tools, and have meaningful conversations with the very best in global wellness.

EXHIBITORS



Incredible **WELLNESS PRIZES** will be drawn throughout the day

To register, please click the RSVP button. A payment link will follow after your registration is received.